

# *The Hoyt Gazette*

March 2010

*Monthly Publication for the Residents, Staff, Families and Volunteers  
of Hoyt Nursing and Rehab Centre*

## FROM THE DESK OF THE ADMINISTRATOR

Last year at this time I shared with you the new Five-Star Quality rating system that was created by Centers for Medicare & Medicaid Services (CMS). At that time Hoyt Nursing & Rehab Centre had received a 5 Star rating, which is the highest possible rating and is considered to be “much above average quality of care” by CMS. I am very pleased to tell you that Hoyt is 1 of only 2 facilities in Saginaw County that continues to rated as a “5 Star” facility.

I am very proud of our staff, the care, and services they provide to our residents and families. It is because of their hard work, dedication, and commitment to quality, that we can continue to celebrate our 5-Star Rating.

The re-vamping of our dining experience continues to progress. We started mid-January with 1<sup>st</sup> and 2<sup>nd</sup> Avenues, the project went well, we have now included 3<sup>rd</sup>, 4<sup>th</sup> and 5<sup>th</sup> Avenues on February 22<sup>nd</sup> with delivery of our meals and expanded mealtimes. As we continue to “work out the kinks and streamline the service we will start to expand our menu choices. The remodel of the living spaces throughout the building (formerly the 3 assisted dining areas) has now begun. We will be offering 3 new “living spaces” throughout the facility for our residents and families to enjoy.

I want to thank everyone for your patience and assistance throughout this ongoing project. I am very excited to watch these transformations. These transformations will provide expanded dining times and menu choices for our residents along with new living areas for everyone to enjoy.

March is National Social Service month. We are very fortunate to have two exceptional and experienced Social Workers at our facility. Amber Thomas LBSW has been with us for 4 ½ years serving residents on 3<sup>rd</sup>, 4<sup>th</sup> and 5<sup>th</sup> Avenues. Amy Olson LBSW has been with us for almost three years and serves residents on 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> Avenues. The Social Worker’s role is a major part of the interdisciplinary care team. The Social Worker has numerous job responsibilities that include helping residents and families adjust to their admission to the facility and to plan for discharge back into the community.

Amber and Amy are trained in behavior management and conflict resolution: they also are specialists with families in crisis. Please join me in the recognition of Amber and Amy during Social Services month for the great job they do!

As always if you have questions or concerns regarding our care or services do not hesitate to contact me.

Linda Brown-Meyer, RN, NHA

- *Jon Reardon NHA, Owner*
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- *Linda Brown-Meyer RN, NHA, Administrator*
- 
- *Dr. Vijay Subbanna MD, Medical Director*
- 
- *Julie Carpenter RN, Dir. of Nursing*
- 
- *Janice Maciejewski RN, Assistant Dir. of Nursing*
- 
- *Lisa Toth RN, Clinical Coordinator*
- 
- *Pam Collison, Receptionist/Accounts Payable*
- 
- *Laura Putnam, Medical Biller*
- 
- *Dawn Kaiser, Payroll*
- 
- *Tom Kingry, Environmental Services Dir.*
- 
- *Meghan Maxwell BA, Admissions Director*
- 
- *Amy Olson BSW, Social Services*
- 
- *Amber Thomas LBSW, Social Services*
- 
- *Holly McBride ADC, Activity Director*
- 
- *Jennifer Peake RD, Dietary Clinical Director*
- 
- *Tim Noack, Chef/Dir. Of Food Service*
- 
- *Jodi White MS, PT, Director of Rehab*

### **Resident Rights**

**The resident rights for March are....**

35. A nursing home must consult with the patient immediately and notify the patients physician and , if known, the patients legal representative or interested family member when there is (a) an accident involving the patient that results in injury; (b) a significant change in the patients physical, mental or psychosocial status;(c) a need to alter treatment significantly or (d) a decision to transfer or discharge the patient from the facility.

36. A nursing home, its owner, administrator, employee or representative shall not discharge, harass, retaliate or discriminate against a patient because the patient has exercised a right protected by the Michigan Public Health Code (act 368 of 1978, as amended section 20201) or by Medicare or Medicaid regulations (18 or 19 or the Social Security Act, 42 U.S.C. 1395 to 1396k).

33. A nursing home patient has the right to examine the most recent survey of the facility conducted by federal or state surveyors and any plan of correction in effect with respect to the facility. This survey report shall be available for examination in a place readily accessible to patients. The nursing home shall post a notice of the availability of the report.

**THE NEXT RESIDENT  
COUNCIL  
MEETING WILL BE...**

**MONDAY MARCH 1, 2010 AT 10:00AM. THIS IS YOUR TIME  
TO BRING CONCERNS THAT YOU HAVE AS A RESIDENT OF  
THIS FACILITY. WE HOPE TO SEE YOU THERE.**

**Resident  
Council has a new time of 10:00 AM. It will still be held in the  
Main Dining Area.**

**THE MEAL OF THE  
MONTH FOR  
MARCH IS...**

**CORN BEEF AND CABBAGE  
BOILED POTATO  
CARROTS**

**ALT. ROASTED PORK LOIN  
REDSKIN POTATOES  
CORN**

**DESSERT: COCONUT CREAM PIE**

From The Desk Of The Dietician

At the end of February we expanded the Hoyt Dining Experience to the rest of the facility. It has been quite an adventure in planning, but it is going well. Of course change is difficult for everyone, our goal is to give the residents more choice and flexibility.

The residents love to have visitors, however it can be distracting for your loved ones tablemates when you visit during a meal and are not eating. It can also make the other tablemates uncomfortable. You are always welcome to dine with your loved one and you can experience the Hoyt Dining experience first hand! Meals can be purchased at the front desk up to 2 hours before the meal.

We would love any feedback you have regarding the Hoyt Dining Experience. As always direct concerns or suggestions to Chef Tim or myself.

Jenny Peake MS RD

**EASY CHEESECAKE PIE**

1 (8OZ) PACKAGE CREAM CHEESE

½ CUP SUGAR

1 CUP SOUR CREAM

½ tsp. VANILLA

1 9" UNBAKED GRAHAM CRACKER CRUST

CREAM TOGETHER CREAM CHEESE AND SUGAR. ADD EGGS, SOUR CREAM AND VANILLA. SPOON INTO GRAMHAM CRACKER CRUST.

BAKE AT 350 FOR 40 MINUTES.

**CHILL COMPLETELY BEFORE SERVING.**

### **Welcome To Hoyt**

Sarah Rohde	rn
Tiffany Dotson	cna
Holly Palmer	cna
Renee rowe	cna
Amanda Shaver	cna
Ashley syring	lpn

**We would like to welcome all of you to Hoyt, we are glad that you are part of our team.**

### **Happy Anniversary**

KATHRIN MUELLER	10YRS	MORGAN RECTOR	3YRS
EARL BURNS	9YRS	CASSIE FLORES	2YRS
JANICE MACIEJEWSKI	7YRS	DENISHA TRIPLETT	2YRS
ERIN MARCINIAK	6YRS	JULIE CARPENTER	2YRS
DAWN KRAWCZAK	6YRS	ADAESHA COLEMAN	1YR
TIFFANY JOHNSON	3YRS	KIM JANOWICZ	1YR

**Hoyt is fortunate to have dedicated employees like yourselves. Thank you for your hard work. We look forward to working with you many more years.**

## **Happy Birthday To Our Staff**

<b>Rosie Bradley</b>	<b>03/05</b>	<b>Joe Ortiz</b>	<b>03/19</b>
<b>Brittiany Coston</b>	<b>03/05</b>	<b>Morgan Rector</b>	<b>03/21</b>
<b>Pam Collison</b>	<b>03/07</b>	<b>Barb Maldonado</b>	<b>03/21</b>
<b>Amanda Shaver</b>	<b>03/11</b>	<b>Tamara Jacobs</b>	<b>03/21</b>
<b>Cassie Flores</b>	<b>03/16</b>	<b>Darlene Boothe</b>	<b>03/23</b>
<b>Pam Savage</b>	<b>03/19</b>	<b>Santidra Thompson</b>	<b>03/25</b>
<b>Alethea Anderson</b>	<b>03/19</b>		

**Hope you have a wonderful day.....may all of your wishes  
come true.**

## **Happy Birthday To Our Residents**

<b>Walter Rathbun</b>	<b>3/5</b>
<b>Althea Griffin</b>	<b>3/6</b>
<b>Bonnie Miller</b>	<b>3/9</b>
<b>Emily Morris</b>	<b>3/13</b>
<b>Ruth Hunt</b>	<b>3/19</b>
<b>Leona Greko</b>	<b>3/23</b>
<b>Willie Carrington</b>	<b>3/27</b>
<b>Iren Kern</b>	<b>3/29</b>

## **King and Queen of Hoyt**

WE WOULD LIKE TO CONGRATULATE THE KING AND QUEEN OF HOYT NURSING AND REHAB CENTRE. THIS YEAR OUR KING IS MARVIN HYATT AND OUR QUEEN IS ARLENE ECKERT. THEY WERE CROWNED AT OUR VALENTINE'S DAY PARTY AND WERE VERY ECSTATIC, IN FACT OUR QUEEN HAD A TEAR. ALL THE RESIDENTS LOVED THE DRINKS AND SPECIAL FOOD THAT WERE SERVED. A GOOD TIME WAS HAD BY ALL.

AGAIN CONGRATULATIONS TO OUR KING AND QUEEN AND MAKE SURE YOU SAY A LITTLE SOMETHING NEXT TIME YOU SEE THEM OUT IN THE HALLS.

## **ST PATRICK'S DAY CELEBRATION**

WE WILL BE HAVING A ST. PATRICK'S DAY CELEBRATION ON WEDNESDAY MARCH 17TH AT 2:00 PM IN THE EAST DINING AREA. THERE WILL BE SPECIAL FOOD AND WONDERFUL DRINKS. WE HOPE TO SEE ALL OF YOU THERE AND DON'T FORGET TO WEAR YOUR GREEN. SOME SAY IF YOU DON'T HAVE IT ON YOU MAY GET A LITTLE PINCH.

## **Flo's Corner**

### **The Apron**

I don't think our kids even know what an apron is. The principle use of Grandma's apron was to protect the housedress underneath (remember those ?), and there was always a wet circle on the tummy from washing dishes, washing clothes and cooking all that unforgettable food!

It was perfect for drying the children's tears, dampened with her tongue for wiping off faces, and on occasion for cleaning out dirty ears. From the chicken coop, the apron was used for carrying eggs, fussy chicks and sometimes have hatched eggs to be finished in the warming oven. And when the weather was cold, grandma wrapped it around her arms. Those big old aprons wiped many hands and perspiring brows, bent over the hot wood stove. Chips and kindling wood were brought into the kitchen in that apron. From the garden, it served as a little hammock to carry in tomatoes, cucumbers, peppers, green beans, peas and corn. After the peas had been shelled, it carried out the hulls. In the fall the apron was used to bring in apples that had fallen from the trees. Grandma used to set her hot baked apple pies on the window sill to cool -her granddaughters set theirs on window dill to thaw. When unexpected company drove up the road, it was surprising how much furniture that old apron could dust in a matter of seconds. When dinner was ready, Grandma waved her apron from the porch, and the men

knew it was time to come in from the fields for dinner.

It will be a long time (perhaps never) before something is invented to replace that 'old time apron' that served so many, hard working and loving purposes.

**Florence a resident of Hoyt wanted to share some memories with all of you.  
The good old days, when life seemed simpler.**

### **The History of ST. Patrick's Day**

The person who was to become ST. Patrick, the patron saint of Ireland, was born in Wales about AD 385. His given name was Maewyn.

When he was 16, he was sold to slavery to Ireland, where he was a shepherd for 6 years. While in captivity he studied and turned to religion. He escaped slavery and later returned to Ireland as a missionary, determined to convert Ireland to Christianity. He used the shamrock to explain the Holy Trinity.

Patrick was quite successful at winning converts, and this fact upset the Celtic Druids. Patrick was arrested several times, but escaped each time. He traveled throughout Ireland, establishing monasteries across the country. He also set up schools and churches, which could aid him in his conversion of the Irish country to Christianity.

His mission in Ireland lasted for thirty years. After that time, Patrick retired to County Down. He died on March 17th in AD 461. That day has been commemorated as St. Patrick's Day ever since.

Much Irish folklore surrounds St. Patrick's Day. Not much of it is actually substantiated. Some of this lore includes the belief that Patrick raised people from the dead. He also is said to have given a sermon from a hilltop that drove all the snakes from Ireland. Though originally a Catholic holy day, St. Patrick's Day has evolved into more of a secular holiday. One traditional symbol of the day is the shamrock, and this stems from a more bona fide Irish tale that tells how Patrick used the three-leafed shamrock to explain the Trinity. He used it in his sermons to represent the Father, Son and the Holy Spirit and could all exist as separate elements of the same entity. His followers adopted the custom of wearing a shamrock on this feast day.

The holiday, March 17th, is marked by parades in cities across the United States. The largest of these held since 1762, is in New York City. In Ireland, it is a religious holiday similar to Christmas and Easter.

## An Old Irish Proverb....

May you always have work for your hands to do.  
May your pockets hold always a coin or two.  
May the sun shine bright on your windowpane.  
May the rainbow be certain to follow each rain.  
May the hand of a friend always be near you.  
And may God fill your heart with gladness and cheer you.

## **VOLUNTEER NEEDED**

Hoyt is looking for a volunteer to come and help with our card club. Each week the residents get together to play a variety of card games. We are looking for a volunteer to come in on Tuesday's in the afternoon about 1:30 PM to help them out. Many of our residents enjoy cards but may need a few reminders or a partner for the game. If you are interested you can see Holly or Wendy in the Activity Department. If you are interested but the day does not work or the time we do have options.

## Thank you Social Workers

Amber Thomas works hard to make her residents happy. She is the person they turn to when they have problems or just need a friendly ear.

Amy Olson is dedicated not only to her residents but also to her fellow co workers. She tends to be someone that they feel comfortable with and look to in time of need.