

The Hoyt Gazette

February 2010

*Monthly Publication for the Residents, Staff, Families and Volunteers
of Hoyt Nursing and Rehab Centre*

FROM THE DESK OF THE ADMINISTRATOR

You may have noticed our new “Street Signs” throughout the facility renaming our resident care halls. Last November we asked our residents to help us rename the halls in an effort to personalize them for the elders who live here. The residents voted and decided on 1st-5th Avenues to replace 100-500 halls. Street signs were ordered and hung last month to identify the new “Avenues”. If you haven’t had the opportunity to see them, please take a look next time you visit.

In a continuous effort to improve and enhance our care and services, we have embarked on a new dining experience at Hoyt. Our goal is to increase the time span that meals are offered, and ultimately increase menu selections for our residents each meal. The East, West and Main Dining rooms will continue to be utilized as such and the assisted dining areas on each end of the facility and the dining area on 3rd Avenue will be converted into communal living areas for our residents.

Phase 1 of the project started January 18th on the east end of the building for breakfast and lunch. The dinner meal was included in the new program shortly after. Jennifer Peake R.D., Chef Tim Noak and I will address the resident council the first week of February to discuss the kickoff for the remainder of the facility and answer any questions.

The Activity Department will be conducting a contest for our residents to decide on names for the new dining rooms on the east and west ends of the facility. We anticipate that it will take a few months to integrate the new delivery of meals throughout the entire facility. We appreciate your patience with our change to improve our service.

Last month Donna Woodrow celebrated her 30 year anniversary at Hoyt. Donna has worn many hats during her tenure here. She is currently responsible for the maintenance of the Medical Records in the facility but many of you know Donna from the years she helped at the front reception area on the weekends. Donna always wears a

smile on her face and I truly do not think she knows the word “no”. No matter who is asking or what is asked of her, the answer is always yes, and for that I am truly grateful. Thank you again Donna for your dedicated service to Hoyt.

As always if you have questions or concerns regarding our care or services do not hesitate to see me.

Linda Brown-Meyer, RN, NHA

- *Jon Reardon NHA, Owner*
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- *Linda Brown-Meyer RN, NHA, Administrator*
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- *Dr. Vijay Subbanna MD, Medical Director*
-
- *Julie Carpenter RN , Dir. of Nursing*
-
- *Janice Maciejewski RN, Assistant Dir. of Nursing*
-
- *Lisa Toth RN, Clinical Coordinator*
-
- *Pam Collison, Receptionist/Accounts Payable*
-
- *Laura Putnam, Medical Biller*
-
- *Dawn Kaiser, Payroll*
-
- *Tom Kingry, Environmental Services Dir.*
-
- *Meghan Maxwell BA, Admissions Director*
-
- *Amy Olson BSW, Social Services*
-
- *Amber Thomas LBSW, Social Services*
-

- *Holly McBride ADC, Activity Director*
-
- *Jennifer Peake RD, Dietary Clinical Director*
-
- *Tim Noack, Chef/Dir. Of Food Service*
-
- *Jodi White MS, PT, Director of Rehab*

Resident Rights
The resident rights for February are....

8. A patient or resident (or his/her authorized representative) is entitled to information concerning an experimental procedure proposed as a part of his or her care and shall have the right to refuse to participate in the experiment without jeopardizing his or her continuing care.
12. A patient or resident (or his/her authorized representative) is entitled to receive and examine an explanation of his or her bill regardless of the source of payment and to receive, upon request, information relating to financial assistance available through the facility.
32. Patient or resident smoking shall be in designated smoking areas only and in accordance with the facility's smoking policy.

**THE NEXT RESIDENT
COUNCIL
MEETING WILL BE...**

**MONDAY FEBRUARY 1, 2010 AT 10:00AM. THIS IS YOUR TIME TO
BRING CONCERNS THAT YOU HAVE AS A RESIDENT OF THIS
FACILITY. WE HOPE TO SEE YOU THERE.**

Celebrating Black History Month

Americans have recognized black history annually since 1926, first as "Negro History Week" and later as "[Black History Month](#)." What you might not know is that black history had barely begun to be studied-or even documented-when the tradition originated. Although blacks have been in America at least as far back as colonial times, it was not until the 20th century that they gained a respectable

presence in the history books. We owe the celebration of Black History Month, and more importantly, the study of black history, to [Dr. Carter G. Woodson](#). Born to parents who were former slaves, he spent his childhood working in the Kentucky coal mines and enrolled in high school at age twenty. He graduated within two years and later went on to earn a Ph.D. from Harvard. The scholar was disturbed to find in his studies that history books largely ignored the black American population-and when blacks did figure into the picture, it was generally in ways that reflected the inferior social position they were assigned at the time.

We should emphasize not Negro History, but the Negro in history. What we need is not a history of selected races or nations, but the history of the world void of national bias, race hate, and religious prejudice.

Carter Woodson on founding Negro History Week,
1926

**THE MEAL OF THE
MONTH FOR
FEBRUARY IS...
BAKED CHICKEN- DARK MEAT
SWEET POTATO
TOSSED SALAD
CHERRY PIE**

**ALT. PINEAPPLE GLAZED HAM
GREEN BEANS
REDSKIN POTATO**

From The Desk Of The Dietician

February will be a big month for the Dietary Department and the facility. We will be extending the meal times to allow more flexibility for the residents to eat when they want. We are starting with a trial period at the East end of the building and will work our way through the rest of the building as staff establishes a routine.

We are very excited about this change and hope the residents enjoy it as well. We know

change is difficult and there may be some hiccups, but with time we believe the residents will come to enjoy the flexibility.

As always please direct any suggestions or concerns to Chef Tim or myself.

Jenny Peake MS RD

Creamy Roast Chicken Salad

Ingredients:

- 1 1/4 lbs roasted chicken, diced 3/8"
- 1 1/2 cups celery, diced 1/4"
- 1 8 oz. can Campbell's Healthy Cream of Chicken Soup
- 1/4 cup low fat mayonnaise
- 1 Tbsp. fresh lemon juice
- 1 tsp. Black pepper
- Pinch of Salt

Directions:

In bowl, combine soup, mayo, lemon juice, salt and pepper. With a wire whip, whisk well to blend.

Add Chicken and celery, mix well. Refrigerate until serving.

Serves 8

Enjoy!! Chef Tim

Welcome To Hoyt

Trikina Burns	CNA	Valerie Evans-Henderson	LPN
Kayla Gainforth	CNA	Tanya Hamann	CNA
Cassandra Jackson	CNA	Chelsea Horvath	CNA
Zan Marsh	CNA	Crystal Jablonski	CNA
Mallory Plambeck	CNA	Santidra Thompson	CNA
Emily Taylor	CNA		

We would like to welcome all of you to Hoyt, we are glad that you are part of our team.

Happy Anniversary

Ashley Neering	6yrs	Erika Bullock	2yrs
Diane Vondette	6yrs	Kathryn Middaugh	1yr
Pamela Savage	6yrs	Tina Flores	1yr
Joe Ortiz	3yrs	Heaven Haymon	1yr
Annette Brown	3yrs	Megan Wegner	1yr

We are fortunate to have dedicated staff as your selves. Thank you for your hard work and the happiness you give to the residents.

Happy Birthday To Our Staff

Caroline Seals	02/01	Kathrin Mueller	02/21
Sarah Dill	02/02	Earl Burns	02/21
Nicki Adams	02/13	Julie Bell	02/22
Shernata Hollinquest	02/13	Thora Bell	02/22
Diana Busch	02/16	Stacie Blatt	02/22
Kameron Arnold	02/19	Deb Williams	02/27
Rachel Sievert	02/21	Donna Woodrow	02/27

Happy Birthday to all of you. Hope you have a day filled with joy and laughter, you deserve the very best.

Happy Birthday To Our Residents

Pat Essex	02/02
Katherine Winters	02/10
Mary Gates	02/12
Ollie Grinnell	02/14
Alice Sullivan	02/23
Roma Stark	02/24
Gerald Rapin	02/25
Ruth Fein	02/26
Bernadine Bow	02/27

Sorry to the two residents we missed last month!! Our deepest apologies to you!!

Helen Pococke	01/20
Phyllis Steinke	01/29

King and Queen Of Hoyt

It is that time of year again where we look for the next King and Queen of Hoyt Nursing and Rehab Centre. The ballots will be located on the bulletin board by the main dining area. We encourage everyone to vote for which resident they feel will be the best King and Queen. Staff, families and residents are invited to cast their vote one time. We will keep a tally and on February 12th we will be announcing the winners. The party will start at 2:00 PM and we hope to see everyone there. It is a great time and there are always lots of special treats. Don't forget to cast your vote and take part in the festivities. If you have any questions, see Holly in the activity department.

Love

Love isn't money

Love is emotion-a special thing.

Love isn't presents or a vacation for two.

Love is a thought and thing you do.

Love is a gift from God above.

So treasure this gift, as long as you can.

Love is an emotion you need not understand.

Valentine's Day Party

We will be having a Valentine's Day party on February 12th at 2:00 PM in the East Dining Area. There will be lots of special foods and drinks. We hope to see all of you there. Don't forget this is when we will announce the King and Queen.

See You At the Party . You are officially Invited.

Attention Residents, Families and Staff

As we begin to embrace the culture change and person centered care, you will see some new ideas being implemented. The newest of these is the dining experience that the Administrator spoke of in her article. In order for this to happen, activities is making its own changes and will be looking at some of our current programs that are being offered. In order to accommodate the extended dining times, we will be looking at current program times and will be adapting them to fit within the open times of the dining rooms. You will begin to see some changes in times of our group programs and we will be posting them. Due to this being a slow process, we may have to make additional changes once the calendars are out for the month. We will be posting all changes on the large calendars in the halls which are located by each nursing station and the main dining area. This is a new and exciting time and we apologize for any inconvenience. If you have any questions please see Holly or Wendy in the Activity Department.

GROUND HOG DAY

Groundhog Day, celebrated across the United States and Canada on February 2, is purely a North American tradition. It is based on a belief that on this day (February 2) the groundhog, or woodchuck, comes out of it's hole after winter hibernation to look for it's shadow. If it's a sunny day, the shadow is seen and the groundhog foretells 'six more weeks of bad weather' and thus a lingering winter. Spring is coming if no shadow is seen because of clouds. The groundhog then behaves accordingly. It goes back into the hole if the weather turns bad, but stays above ground if Spring is near.

Thus, weather prediction or prognostication came as an integral

feature of Groundhog Day tradition. This prediction owes its origin to the European tradition of Candlemas. There is an old European supposition that a sunny Candlemas day would lead the winter to last for 'another six weeks'. Also February 2 was used to commemorate the Purification of the Virgin Mary. Candles for sacred uses were blessed on this day. Gradually the traditions of this Candlemas came to be associated with different folklores. The German added the belief of an animal, initially a hedgehog, being frightened by his shadow on Candlemas would foretell that winter would last another six weeks. This belief was brought to America during the 18th Century by the German settlers. These settlers adopted the groundhog as their weather predictor.

The Groundhog Day came into being in North America during the late 1800s thanks to the combined effort of Clymer H. Freas, a newspaper editor, and W. Smith, an American Congressman and newspaper publisher. They organized and popularized a yearly festival in Punxsutawney, Pennsylvania. The State was populated predominantly by German settlers. The festival featured a groundhog named Punxsutawney Phil which was used to foretell how long the winter would last. This very popular event is still being held and is called Groundhog Day. There has been a concerted effort to popularize and commercialize the Groundhog Day across the United States. Chuck Wood is head of the committee for the commercialization of Groundhog Day's official mascot. The movie "Groundhog Day," has played a key role in popularizing the schedule of events in Punxsutawney, Pennsylvania, on and around February 2. Apart from Pennsylvania, fascinating Groundhog Day events are also held in other states, especially Nebraska, Tennessee, Georgia, Ohio, Arkansas, and California.

The Groundhog Day is also very popular in Canada and Wiarton Willy is the Groundhog that is used to predict the length of winter over there.

